

2021

MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION

Paper : CC-401

Full Marks : 70

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words  
as far as practicable.*

1. What do you mean by Test, Measurement and Evaluation? Write the Principles of Evaluation. 10+5  
**Or,**  
Discuss the importance of Test, Measurement and Evaluation in the field of Physical Education. 15
2. Describe different types of Tests with suitable examples. 15  
**Or,**  
What is 'Norms'? Discuss the different types of Norms. 5+10
3. Describe the process of JCR Test. 15  
**Or,**  
Describe the process of AAHPER Youth Physical Fitness Test. 15
4. Write short notes on the following (**any two**) : 7½×2
  - (a) Russel-Lange Volleyball test
  - (b) Any skill test of Basketball
  - (c) Harvard Step Test
  - (d) Motor fitness.
5. Choose the correct option and write on your answer-script (**any ten**) : 1×10
  - (a) McDonald's soccer test involves
    - (i) volleying and kicking the soccer ball against a backboard over a distance.
    - (ii) volleying the soccer ball and also kicking a soccer ball over a distance on field.
    - (iii) volleying the soccer ball, kicking soccer ball over a distance and dribble for speed.
    - (iv) kicking a soccer ball over a distance, dribble for speed.
  - (b) Which of the following is a motor educability test?
    - (i) J.C.R. test
    - (ii) I.O.W.A. test
    - (iii) Fleisman test
    - (iv) All of these.

**Please Turn Over**

- (c) AAHPERD Youths Physical Fitness Test is for measuring
- (i) General motor ability
  - (ii) Motor fitness
  - (iii) Motor educability
  - (iv) All of these.
- (d) The degree of uniformity with which various testers score the same test is expressed by
- (i) Validity
  - (ii) Reliability
  - (iii) Objectivity
  - (iv) All of these.
- (e) Johnson Basketball Test consists of a battery of
- (i) Two items
  - (ii) Three items
  - (iii) Four items
  - (iv) Six items.
- (f) Muscular Power can be measured by
- (i) Standing Broad Jump
  - (ii) Vertical Jump
  - (iii) Shuttle Run Test
  - (iv) Both (i) and (ii)
- (g) What is the full form of AAHPERD?
- (i) Australian Alliance for Health, Physical Education, Recreation and Dance
  - (ii) American Association for Health, Physical Education, Recreation and Dance
  - (iii) American Alliance for Health, Physical Education, Recreation and Dance
  - (iv) None of the above.
- (h) Name the test to determine cardio-vascular efficiency.
- (i) Harvard test
  - (ii) Coopers test
  - (iii) Margaria step test
  - (iv) Bench test.
- (i) Reliability denotes
- (i) Consistency of performance
  - (ii) Variability among groups
  - (iii) Inconsistency among subjects
  - (iv) None of these.
- (j) Interpretation of a student's score done by comparing it with scores of other students is achieved by
- (i) Criterion referenced test
  - (ii) Norm-referenced test
  - (iii) Objective test
  - (iv) Essay test.
- (k) Cardio-respiratory endurance is measured by
- (i) Treadmill test
  - (ii) Dynamometer
  - (iii) Tens meter
  - (iv) Stediometer.
- (l) The father of anthropometry is
- (i) Boron Quetelet
  - (ii) Martens
  - (iii) Spielberger
  - (iv) Carron.
-